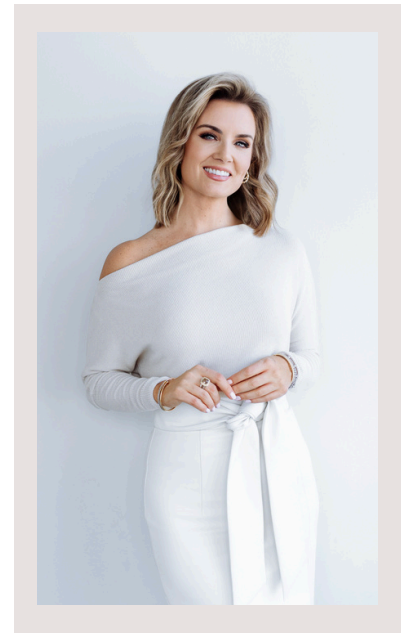


# UNCOMFORTABLE *BY DESIGN*

HOW STEPPING OUT OF YOUR COMFORT ZONE CAN  
FOSTER A GROWTH MINDSET THAT CAN CHANGE  
THE WAY YOU LIVE.

HOSTED BY: JILLIAN MELE, TWO-TIME EMMY  
AWARD-WINNING JOURNALIST



## Overview

After nearly 20 years on local and national television, Jillian decided to step way outside of her comfort zone to graduate with an MBA and start her own business. Facing challenges left and right, like all entrepreneurs, Jillian found strength in accepting challenges as opportunities for growth. Not only did she accept the challenges, she embraces them. Now, she wants to share her powerful and motivating message with your audience.

Whether it's in life, business or both, facing challenges with a positive mindset can steer people down a path of success. Jillian's vulnerability and empowerment is sure to be remembered.

## What to Expect

This is a keynote that the audience will not forget. Through personal stories, Jillian will take everyone on a journey that will engage them from start to finish.



@jillianbmele



Jillian Mele

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JILLIAN MELE  
J I V I

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